



Women's Shadow Work® Weekend

Embracing, Honoring and Transforming our Shadow Energy

May 18-20, 2012

Houston, TX *non-residential*

Fri. 6:30 pm - 10:00 pm * Sat. 9:00 am - 6:00 pm * Sun. 9:00 am - 3:30 pm

Shadow Work® offers an opportunity to look at four archetypal energies that we each carry within. We learn how to use these energies in our lives with intention and focus; to fulfill our purpose and manifest our dreams.

Lover Energy allows us to access our emotions, connect with others and pay attention to the wisdom of our body.

Warrior Energy teaches us to set boundaries and protect ourselves. This is an important energy to use to access our power.

Magician Energy guides us in transforming our perspective and using our intuition and intellect in productive and powerful ways.

Sovereign Energy clarifies our passions and visions while supporting us in pursuing these dreams for ourselves, as well as blessings others.

Shadow Work® is a personal growth process which brings awareness to the hidden aspects of ourselves, empowering us to use our energy as we choose, with intention and clarity. We bring light to those parts we hide, repress and deny, even our gifts and magnificence. In Shadow Work® we explore the inner landscape and discover the gifts available in our shadow. During this weekend, you're invited to participate in a variety of processes, creative expressions and meditations to assist you in connecting with your GOLD!



Sally

Sally Bartolameolli is a published author, teacher and guide; committed to inspiring people to embrace Divinity from within. She offers E-Courses, coaching and workshops. Visit her website: www.cosexaddiction.com and www.blessingsfrommary.com Call 713.906.9808 or email sally@blessingsfrommary.com



Rhonda

Rhonda Gaughan is a gifted facilitator and coach; passionate about healing and empowerment. She is a leader in Woman Within, a certified SW coach and partner with her husband, John, in business and couples coaching. Visit her website: www.truensight.com. Email Rhonda at rwgaughan@truensight.com or Call 713.533.9556.

COST

\$350.00 early registration

\$400.00 after May 5th

Please return this section with deposit or full payment to:

Rhonda Gaughan

**42357 Richard Waguespack Rd.
Gonzales, LA 70737**

Receive a \$50 discount when paid in full by May 5th. A \$100 nonrefundable deposit holds your space. To pay online go to [www.truensight.com / Programs / Contact Us](http://www.truensight.com/Programs/ContactUs)

Name _____

Address _____

City _____

State _____ **Zip** _____

Email _____

Home Phone _____

Cell Phone _____